

**MD DIET/SERENITY MD**

**PATIENT INFORMED CONSENT  
TRUSCULPT PROCEDURE**

I hereby authorize Dr. Roland Fuertez or employees under Dr. Fuertez's supervision to treat me with the truSculpt device. I understand that this procedure works by using radio frequency (RF) energy to provide uniform deep tissue heating for the purpose of elevating tissue temperature for the treatment of selective medical conditions. There is little or no downtime associated with this treatment. It is possible the result will be minimal or not help at all.

The procedure may result in the following adverse experiences or risks:

- DISCOMFORT AND PAIN – Moderate discomfort or pain during treatment is expected. Mild discomfort or slight tenderness in the treatment area may persist for a few hours following treatment, extending rarely to 24 to 72 hours.
- REDNESS/SWELLING/BRUISING – Short term redness (hyperemia) is expected following treatment and typically persists for several hours. In addition, swelling (edema) and/or bruising of the treated area may occur and typically resolve within 24 hours.
- WOUNDS – Treatment can result in burning, blistering, crusting, scabbing or bleeding of the treated areas. If any of these occur, please call our office \_\_\_\_\_.
- - INFECTION – Infection is a possibility whenever the skin surface is disrupted, although proper wound care should prevent this. If signs of infection develop, such as pain, heat, or surrounding redness, please call our office \_\_\_\_\_. It is IMPORTANT that you follow all post-treatment instructions provided by your healthcare staff.
  - SCARRING – Scarring is a rare occurrence, but it is a possibility if the skin surface is disrupted. To minimize the chances of scarring, it is IMPORTANT that you follow all post-treatment instructions provided by your healthcare staff.
  - SKIN COLOR CHANGES – If the skin surface is disrupted, there is a possibility that the area may become either lighter (hypopigmentation) or darker (hyperpigmentation) in color compared to the surrounding skin. This is usually temporary, but, on a rare occasion, it may be permanent.
- NUMBNESS – Temporary numbness may occur, but is rare.
- LUMPS - Firm edemic areas may infrequently develop in the treated area 24 to 72 hours following treatment, and typically resolve without intervention over several weeks.

I acknowledge the following points have been discussed with me:

- Potential benefits of the proposed procedure, including the possibility that the procedure may not work for me
- Alternative treatments such as surgery
- Reasonable anticipated health consequences if the procedure is not performed.
- Possible complications/risks involved with the proposed procedure and subsequent healing period

For women of childbearing age: By signing below I confirm that I am not pregnant and do not intend to become pregnant anytime during the course of treatment. Furthermore, I agree to keep Dr. Fuertez and staff informed should I become pregnant during the course of treatment.

Photographic documentation will be taken. I hereby do \_\_\_do not\_\_\_authorize the use of my photographs for teaching purposes.

**ACKNOWLEDGMENT**

**BY MY SIGNATURE BELOW, I ACKNOWLEDGE THAT I HAVE READ AND FULLY UNDERSTAND THE CONTENTS OF THIS INFORMED CONSENT FOR THE TRUSCULPT PROCEDURE, AND THAT I HAVE HAD ALL MY QUESTIONS ANSWERED TO MY SATISFACTION BY MY HEALTHCARE TEAM.**

**Signature-Patient or Guardian**

**Print Name**

**Date**

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**Signature-Witness**

**Print Name**

**Date**

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D1375-RevB\_Nov2012